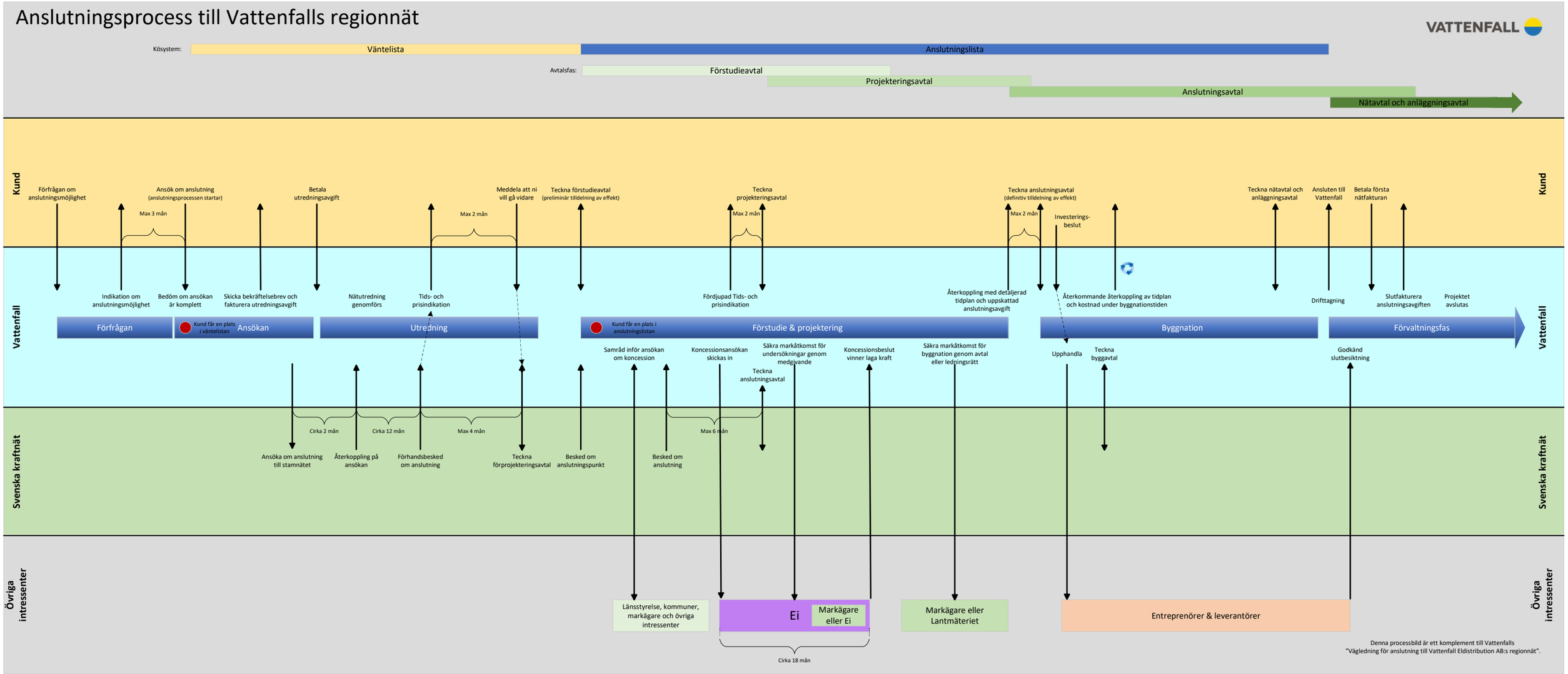Anslutningsprocess till Vattenfalls regionnät